

OPTIMAL

CONCIERGE MEDICINE

Service	Cost
Membership	\$100/Month
Initial History, Physical & Orientation	\$150 (+ lab cost)
Quarterly In-Person Evaluation	Included (+ lab cost)
Quarterly InBody Scan	Included
Annual Screening Ultrasound*	Included
Annual Well-Woman Exam	Included (\$100 if pap due)
Direct Provider Access	Included
Optimal App/EMR Access	Included
Chronic Med Management **	Included
Performance	
VO2 Max	\$100
Urgent Care	
Virtual	\$25
Virtual After-Hour/Weekend	\$50
Office Visit	\$50
Office Visit After-Hour/Weekend	\$200
Urgent Care Office Medications	
Oral Medications	+\$10 Each
Nebulized Medications	+\$25 Each
Infusion/Injection Meds	+\$35 Each
Urgent Care Labs	
In-house Lab***	+\$25 Each
Sendoff Lab	+\$25 Each
Urgent Care Office Procedures	
Ear Lavage	+\$50
Simple Lac Repair (Glue)	+\$150
Complex Lac Repair (Suture)	+\$250
Abscess/Cyst Drainage Excision	+\$250
Focused Ultrasound	+\$50
Infusion Medicine	
Migraine Cocktail	+\$125
Energy/Vitamin Cocktail	+\$125
Rehydration	+\$75
Cosmetic Medicine	
Botox	\$10/unit
Dysport	\$3.50/unit

*Screening Ultrasound is an informal evaluation for vascular, liver, gallbladder, renal, ovarian disease. This will not formally rule out cancer, continued surveillance and further workup if any concern is necessary.

**Chronic Medication Management includes the following categories of medications: Weight loss, Hormones, Hypertension, Diabetic, Anti-inflammatory, Performance, ADHD.

***In-house labs include Influenza A&B, COVID, Strep, RSV, Mono, Urinalysis, Urine Pregnancy.